

# Lived Experience Leadership Programme Pilot – Session 3

November 2023

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# Safe Inclusion

Kierra Myles

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What's the difference between participation and co-production?

# Participation and Co-production

- Makes suggestions, have input that informs and shapes services
- May not have the final say
- Can happen after decisions have been made, seeking 'views or 'consulting'
- Non-negotiables
- Lived experience plays an equal role or has joint responsibility in service design and delivery, policies and practise models
- The power of decisions and input is shared equally
- Breaks down barriers between services and people who use them

What do  
we need to  
consider?

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Service culture

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Practice

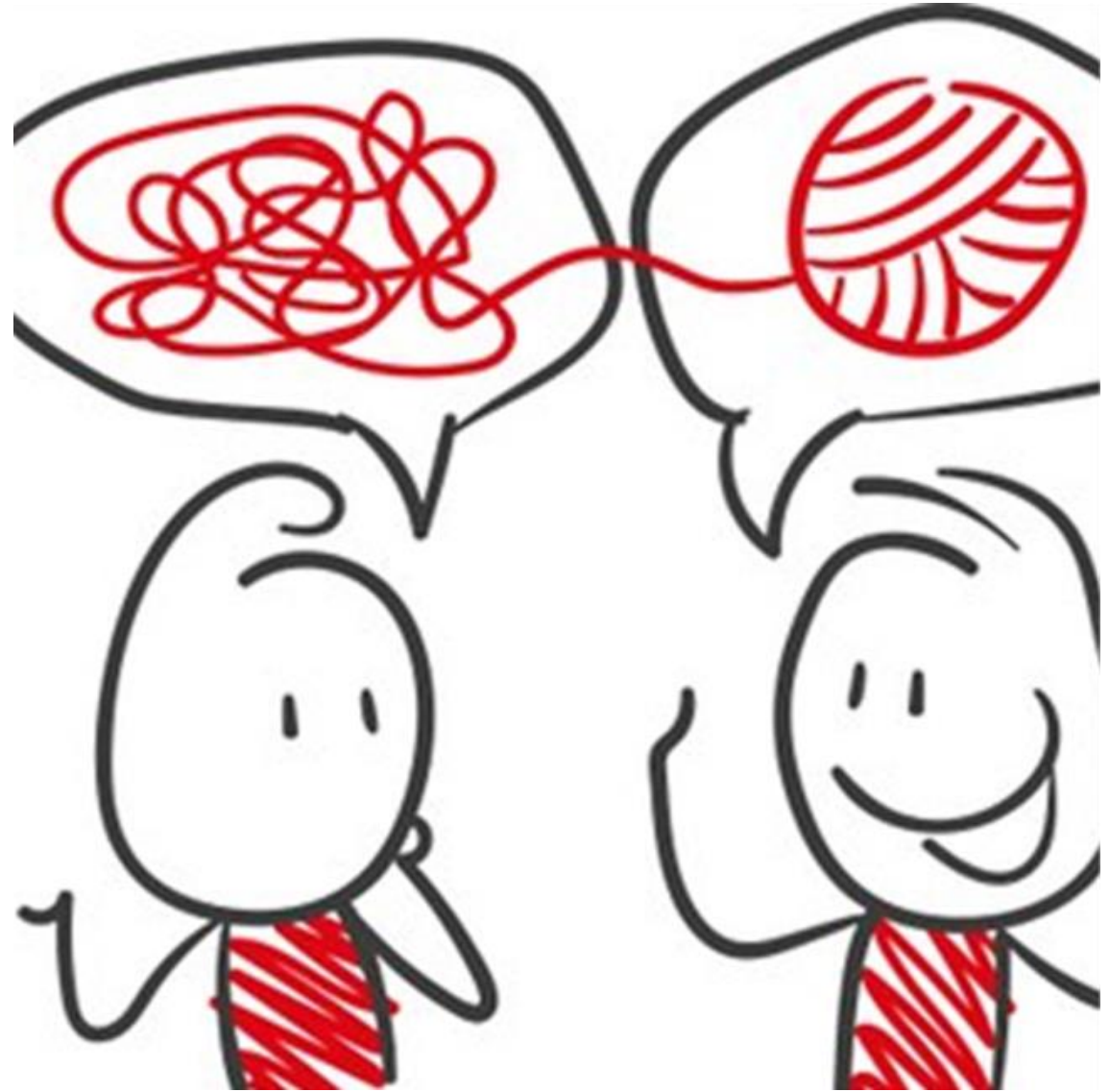
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Being inclusive

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Valuing Lived Experience

What measures could your charity take to ensure participation, co-production and inclusion is safe?





Storytelling or trauma sharing



***You can study trauma, addiction, desistence, recovery, or any other human behaviour until your pre-frontal cortex is bulging out your forehead.***

***But you'll still never be able to look a person in the eye and say, I know what the way out feels like – because that's limbic learned.***

***James Docherty, 2021***





# Group Discussion 3

How can you ensure your HR policies and procedures encourage and support your staff/volunteers with lived experience?

2 groups / breakout rooms  
20 mins for the discussion  
10 mins for the feedback

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